



Honored as a Top 10 Spa
by Caribbean Travel & Life

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Ixora Spa proudly features: **ELEMIS**

(284) 394-3440 ext. 1107 scrubisland.com



FACIALS

ELEMIS Pro-Collagen Quartz Lift Facial – for fine lines and wrinkles

Advanced anti-aging facial and eye treatment that is clinically proven to reduce the number of wrinkles by 94% and improve skin firmness by 57% after just one treatment. Receive exceptional results for slowing signs of aging, reducing the appearance of fine lines and wrinkles on the face and restructuring the eye contour. Specialized lifting massage techniques are combined with Elemis anti-aging products for maximum treatment efficiency, then further enhanced with a hand, arm and scalp massage.

Treatment Time: 75 Minutes · \$185

ELEMIS Tri-Enzyme Resurfacing Facial – for aging, acne scarring and uneven skin tones

Dramatically reduce the appearance of fine lines, acne, superficial facial scarring, and uneven skin pigmentation and reveal a renewed level of clarity to the complexion. This clinically proven treatment leaves your skin up to 75% resurfaced and 32% smoother. Further enhanced with a relaxing scalp hand, arm, and décolletage massage.

Treatment Time: 60 Minutes · \$160

ELEMIS Visible Brilliance Facial – for aging, stressed and slackened skin

Instantly rejuvenate and plump up the skin with this firming anti-aging facial. Clinically proven to increase moisture levels by 61% and skin elasticity by 40% after just one treatment. Specialized micro-circulatory massage techniques are combined with the powerful proven formulations of Cellular Recovery and the Amino Active Mask to help smooth, sculpt, and restore skin radiance and plumpness. Further enhanced by a luxurious hand & arm massage and de-stress scalp treatment.

Treatment Time: 60 Minutes · \$160

ELEMIS Oxygen Skin Calm Facial – for sensitive skin

Gentle massage techniques combined with anti-inflammatory actives and a restructuring Japanese Silk Mask help to rebalance delicate, fragile and sensitive skins. Reduces redness and offers immediate comfort to stressed skin. Further enhanced by a luxurious hand & arm massage and de-stress scalp treatment for the ultimate in advanced skin-therapy.

Treatment Time: 60 Minutes · \$140

ELEMIS Skin IQ+ Facial for Men – for stressed, dehydrated and challenged skin

Charged with the new clinically proven “Time Defense Wrinkle Delay and Eye Reviver” for the ultimate skin overhaul with maximum results. Helps to combat the harsh, aging effects of daily shaving and pollution.

Treatment Time: 60 Minutes · \$140





FACE & BODY COMBINATIONS AND PACKAGES

ELEMIS Face & Body Sensation

Experience the ultimate Elemis duo; a sensational massage combined with a prescribed Anti-Aging facial. Designed as an all-over body experience, this treatment begins with a soothing neck & shoulder massage and leads seamlessly into an age defying facial.

Treatment Time: 60 Minutes · **\$160**

ELEMIS Absolute Spa Ritual

Choose from one of the unique intensive Elemis Advanced Anti-Aging or Skin Solutions facials; customized to suit your skin to achieve dramatic results instantly. Combine it with the powerful effects of the deep tissue massage.

Treatment Time: 120 Minutes · **\$280**

Signature Spa Ritual for Her

Select one of our Elemis Skin Solutions Facials and combine it with Ixora's Signature De-Stress Massage. Further enhanced by a pressure point foot therapy and soothing scalp massage to achieve ultimate relaxation.

Treatment Time: 150 Minutes · **\$350** · Add a Classic Manicure and Pedicure: 210 Minutes · **\$450**

ELEMIS Total Time Out for Men

Enjoy the best of both worlds by combining Time for Men Facial with a Deep Tissue Massage to improve total body performance. Rehydrates and energizes the complexion, while deeply relaxing and recharging the body.

Treatment Time: 120 Minutes · **\$280** · Add a Men's Pedicure and Manicure: 180 Minutes · **\$380**

Honeymoon Package

Eliminate dry skin with a luxurious body exfoliation, then melt muscle tension away as you are treated to our signature massages. Indulge in a hydrotherapy milk bath together, while you sip on champagne and chocolate covered strawberries.

Treatment Time: 150 Minutes · **\$580**

Couples Caribbean Escape

Spend time with the one you love as you enjoy a luxurious body polish side-by-side. Followed by a 90 minute relaxing aroma massage, and enhanced with a frangipani scalp massage to lull you into a state of total bliss.

Treatment Time: 120 Minutes · **\$460** · Add a Couple's Pedicure: 180 Minutes · **\$590**





BODY WRAPS

ELEMIS Musclese Aroma Spa Ocean Wrap

Ease the pains of rheumatism, arthritis, muscle spasm and fatigue with a treatment that detoxifies and deep cleanses the body inside and out. A warm seaweed body mask with a blend of essential oils is applied to the body, followed by a cocooned comforting foil wrap. All while enjoying a deep Thai drainage facial massage and de-stress scalp treatment.

Treatment Time: 50 Minutes · \$120

Add a Back Massage or a Full Body Massage:
75 Minutes · \$175 / 100 Minutes · \$230

ELEMIS Cellutox Aroma Spa Ocean Wrap

Decongest and stimulate the body's systems with a detoxifying blend of Juniper and Lemon essential oils. Exceptional for reducing the appearance of cellulite and eliminating fluid retention.

Treatment Time: 50 Minutes · \$120

Add a Back Massage or a Full Body Massage:
75 Minutes · \$175 / 100 Minutes · \$230

ELEMIS Exotic Frangipani Body Nourish Wrap

A combination of aromatic Tahitian coconut and exotic Frangipani flowers are soaked together to produce the Monoi, which is poured all over the body and then cocooned in a nourishing wrap. The skin is drenched with moisture for immediate softness, suppleness and radiance.

Treatment Time: 50 Minutes · \$120

ELEMIS Lime & Ginger Salt Glow Scrub

Invigorate and revitalize the body with this exotic exfoliation ritual. Your skin is deeply cleansed, polished and softened to perfection, completed with an application of skin nourishing body lotion. Leaves the skin glowing, vibrant, replenished and flawless.

Treatment Time: 35 Minutes · \$75

Signature Aloe and Milk Bath Wrap

Locally grown aloe is infused with skin nourishing milk bath to create a cool, refreshing body wrap. This combination is applied generously all over the body to unleash the healing properties of aloe vera, while the milk protein from the bath calms the painful effects of a sunburn, resulting in gently soothed and hydrated skin to minimize peeling.

Treatment Time: 50 Minutes · \$120

Add a cooling cucumber facial: 75 Minutes · \$180

ELEMIS Exotic Coconut Rub and Milk Ritual Wrap

This indulgent therapy gently polishes and nourishes your skin while soothing the senses for smooth, soft skin. Warmed Skin Nourishing Milk Bath is drizzled over the entire body, followed by a softening Balinese coconut scrub. Relax while your body soaks up the enriching actives.

Treatment Time: 50 Minutes · \$120

ELEMIS Body Sculpting Cellulite & Colon Therapy

Congestion caused by poor circulation, fluid retention and a sluggish digestive system can lead to cellulite, bloating and toxic build up. We tackle the deepest level to flush and cleanse all three systems of the body while targeting stubborn cellulite and sagging skin. Specialized massage techniques over the hip and thigh area stimulate blood flow and drain away fluid. A detoxifying peel-off body mask is also applied to help firm and smooth the skin to achieve visible, rapid results.

Treatment Time: 60 Minutes · \$170





MASSAGE THERAPIES

Couples Massage Ritual

Strengthen your connection as you enjoy a luxurious relaxing couples massage, side-by-side in our Deluxe Couple's Room.

Treatment Time: 60 Minutes · \$280 / 90 Minutes · \$400

Signature De-Stress Massage

Allow the power of touch, combined with the healing qualities of aromatherapy, to relax your mind, body and soul. This de-stressing massage energizes the body and assists in improving the function of the circulatory, lymphatic, muscular and nervous systems.

Treatment Time: 60 Minutes · \$135 / 90 Minutes · \$200

Thai Massage

This ancient healing system combines acupressure, yoga stretches, and trigger point with a firm pressure massage. The body is compressed, pulled, stretched and rocked to bring it into alignment and rebalance the energy flow. Ideal treatment for stiff, tight and sore muscles.

Treatment Time: 75 Minutes · \$180

Aroma Stone Therapy Massage

Heat from warm basalt rocks penetrate deep into the muscles to deliver instant relaxation. Muscle tension melts away with this incredibly relaxing massage.

Treatment Time: 75 Minutes · \$180

ELEMIS Deep Tissue Massage

Alleviate high stress levels, ease aching muscles and revive the senses. Dynamic blends of essential oils and levels of pressure are customized to target individual needs. Helps relax, recharge and re-energize, and melts tension away.

Treatment Time: 60 Minutes · \$150 / 90 Minutes · \$220

Cabana Massage

Experience complete relaxation in our Deluxe Cabana located at Ixora Spa. Please contact the Spa for more information.

Treatment Time: 30 Minutes · \$70 / 50 Minutes · \$120

ELEMIS Nurturing Massage for Mothers-to-Be

Promotes relaxation, increases circulation, and provides comfort during pregnancy. Relieves tension and alleviates swelling in the hands and feet while uplifting your spirit.

Treatment Time: 60 Minutes · \$150

Swedish Massage

Classical European technique is used to achieve increased level of oxygen in the blood, help to decrease muscle toxins, improve circulation and flexibility, all while easing tension.

Treatment Time: 60 Minutes · \$130 / 90 Minutes · \$190

Reflexology

A relaxing and beneficial ancient healing therapy. All organs are connected to reflex points in the feet by constantly flowing energy channels. Massaging these reflex points helps clear any blockage and restores natural energy flow.

Treatment Time: 30 Minutes · \$75 / 50 Minutes · \$125

Legs and Feet Refresher

Excellent to relieve fluid retention and tired aching legs and feet. Following the massage, your feet and legs are dry skin brushed, then exfoliated to improve circulation.

Treatment Time: 45 Minutes · \$85

Frangipani Indian Head Massage

Opens up blockages to allow positive energy to flow freely through the body. Frangipani Monoi Oil is used in Tahitian rituals and is known for its highly conditioning properties. Excellent for relaxation and to condition dry hair & scalp.

Treatment Time: 30 Minutes · \$65

Traditional Acupuncture

Treatment Time: 45 Minutes · \$75

Yoga available upon request





FOOT TREATMENTS

Fire and Ice Pedicure

Warm your spirit and cool your stress. Nails and feet are cleansed to perfection before a combination of therapeutic cooling gels and the warm stone are used to massage the legs and feet. This pedicure will leave your skin smoother and your nails buffed or polished.

Treatment Time: 60 Minutes · **\$85**

Sole Delight Grooming for Feet

Warmed aroma-therapeutic oils nourish and condition your feet and nails, while the decadence of the ELEMIS Skin Nourishing Milk Bath and Exotic Frangipani Monoi Moisture Melt create a rich and healing action on your skin. A sensory experience for your feet, which promises to leave you walking on cloud nine!

Treatment Time: 50 Minutes · **\$75**

MANICURES AND NAIL CARE

Signature Ixora Spa Manicure

Treat your hands and arms to a heavenly indulgence with a classic manicure, followed by an invigorating exfoliation and massage. Complete this treatment with nail buffing or polish color of your choice.

Treatment Time: 50 Minutes · **\$65**

The Classic

When you're short on time, a quick refresh is the answer; filing, shaping, nail buffing, moisturizing and polish.

Treatment Time: 35 Minutes · **\$45**

Gel Manicure

Begin with The Express Manicure with cuticle care. Gel polish is then applied, while hands and arms are gently exfoliated and moisturized. Gels provide 14 days of wear and no drying time is required.

Treatment Time: 60 Minutes · **\$85**





TREATMENT ENHANCEMENT ADD-ONS

Massage Enhancements

Add 15 Minutes to Augment Your Massage	\$30
Warming Paraffin Wax Treatment.....	\$20
Frangipani Scalp Massage.....	\$30
Eye Treatment.....	\$35
Pressure Point Foot Massage	\$30
Hot Stone Therapy	\$30
Hand and Arm Massage Ritual	\$30

Nail Enhancements

Add French Polish	\$5
Re-Polish.....	\$25
Full Set Acrylic Nails.....	\$90
Acrylic Re-Fill.....	\$65
Nail Repair.....	\$15
Paraffin Treatment Add-On.....	\$20
Gel Polish.....	\$35
Gel Polish Removal	\$25

Specialty

Hair Braiding	\$3 per braid
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WEDDING DAY OR SPECIAL EVENT MAKEUP & HAIRSTYLING

Your special day requires special attention. Leave your stress at the door while we assist with making arrangements for make-up and hair appointments to meet the needs of your group or wedding party.

**Prices vary by wedding party size. Minimum of 3 hair appointments is required.
Please contact the Spa Director for details.**





HOW TO SPA

Hours of Operation

Spa & Salon: 9:00 am – 7:00 pm

Reservations

To schedule treatments you may call our spa directly from a hotel phone by dialing extension 1107, or 284.394.3440 outside of the hotel. We accept most major credit cards and recommend pre-booking your services, although we do welcome walk-ins and will do our best to accommodate you.

Cancellation Policy

A credit card is required for all appointments, along with at least 24 hours' notice for cancellation to avoid being charged the full price for your scheduled treatments.

Service Charges

For your convenience, a 20% service charge will be automatically added to your final bill. Additional gratuity for exemplary service is at your discretion. Prices and services are subject to change without notice.

Minimum Age Requirement

Spa guests are required to be 18 years or older to receive treatments or utilize the spa facilities. Guests under 18 receiving a teen or children's treatment must be accompanied by a parent or guardian. Swimsuits are required. For further details, kindly contact the spa.

Treatment Time

Please plan to arrive at least 15 minutes prior to your scheduled appointment so you can relax and enjoy the facilities. You are welcome to enjoy Ixora Spa's Infinity Plunge Pool, so please bring your bathing suit with you if you care to do so. Regretfully, if you are late for an appointment, we may need to shorten your treatment time to maintain our schedule for the next guest. To keep the serenity of the spa, we ask you turn off your mobile phone and electronic devices upon arrival.

Valuables

For the safety of your valuable items; we suggest you leave all jewelry and money in the safe provided in your hotel room. Ixora Spa will not assume any liability for valuables.

