

i[•]ora

S P A



Ixora Spa proudly features: **ELEMIS**

(284) 394-3440 ext. 4620
scrubisland.com



DISCOVER IXORA SPA

Named for the native tropical shrub, Ixora Spa is perched on a hillside overlooking the crystal-clear waters of the Caribbean Sea, offering a haven to relax, refresh and re-energize. Escape to spectacular treatment rooms offering breathtaking views unlike any other while the highly-trained therapists deliver masterful experiences enticing the senses while rejuvenating the mind and refreshing the body.

Discover the natural healing benefits of the island with fresh aloe, mangos and plumeria. When available, Ixora Spa sources flora directly from Scrub Island in its most purest form.

Ixora's Ayurvedic Treatments are a requisite for spa goers seeking authentic wellness experiences that complement its dramatic cliff-side sense of place. Developed thousands of years ago in India, Ayurveda is one of the world's oldest holistic healing systems and is based on the belief that health and wellness depend on a delicate balance between the mind, body and soul. The team at Ixora Spa skillfully blends the healing powers of Ayurveda in a variety of wellness treatments that will leave your mind peaceful, muscles relaxed and skin glowing.





MASSAGE THERAPIES

Ixora Signature De-Stress Massage

Allow the power of touch, combined with the healing qualities of special massage oil, to relax your mind, body and soul. This de-stressing massage energizes the body and assists in improving the function of the circulatory, lymphatic, muscular and nervous systems.

30 Mins/60 Mins/90 Mins - \$60/\$100/\$140

Aromatherapy Relaxing Massage

An all-natural escape from the everyday world. Choose from our special selection of aromatherapy essential oils designed to enhance relaxation and balance. Unique light massage techniques will leave you feeling your best.

30 Mins/60 Mins/90 Mins - \$60/\$110/\$150

Deep Tissue Massage

Alleviate high stress levels, ease aching muscles and revive the senses using the deep pressure technique to target individual needs. Helps relax, recharge and re-energize and melts tension away.

30 Mins/60 Mins/90 Mins - \$60/\$110/\$150

Thai Massage

This ancient healing system combines acupressure, yoga stretches, and trigger point with a firm pressure massage. The body is compressed, pulled, stretched and rocked to bring it into alignment and rebalance the energy flow. Ideal treatment for stiff, tight and sore muscles.

60 Mins/90 Mins - \$110/\$150

Foot Reflexology

A relaxing and beneficial ancient healing therapy. All organs are connected to reflex points in the feet by constantly flowing energy channels. Massaging these reflex points helps clear any blockage and restores natural energy flow.

20 Mins/40 Mins - \$40/\$70

Indian Style Head Massage

This anti-stress herbal scalp treatment commences with an Ayurvedic back and scalp massage that improves circulation while relaxing muscles and nerves.

45 Minutes - \$80

Back, Neck & Shoulder Massage

Designed to immediately relieve stress and tension.

30 Minutes - \$60





FACIALS

Ixora Signature ELEMIS Facial

After a careful skin analysis, let us design a treatment tailored just for you. Our signature facial targets spots, blemishes, open pores and excessive shine with specialized ELEMIS products.

30 Mins/60 Mins - \$60/\$110

ELEMIS Deep Cleansing Facial

Techniques focusing on cleansing, exfoliation, extractions, masque, hydration and protection. Specifically curated for stressed, dehydrated and challenged skin.

30 Mins/60 Mins - \$60/\$110

BODY SCRUBS

Exotic Lime & Ginger Salt Glow

Invigorate and revitalize the body with refreshing lime and stimulating ginger in a sea salt exfoliation. Your skin is deeply cleansed, polished and softened to perfection, completed with an application of skin nourishing body lotion. Leaves the skin glowing, vibrant, replenished and flawless.

50 Minutes - \$100 Add a back massage: 75 Minutes - \$150

Purifying Papaya Body Scrub

Refreshing like a slice of the Caribbean's treasured succulent papaya fruit blended with light green essences. Helps maintain healthy and beautiful skin.

50 Minutes - \$100 Add a back massage: 75 Minutes - \$150

Fresh Mango Body Scrub

Escape the stress of the day and awaken your senses with a scrub that features churned mango butter infused coconut, avocado oils and corn meal. Dead skin is gently lifted away while preserving natural moisture.

50 Minutes - \$100 Add a back massage: 75 Minutes - \$150



BODY WRAPS

Ixora Signature Aloe & Cucumber Body Wrap – Sun soother

Local aloe is infused with fresh cucumber to create a cool, refreshing body wrap. Applied generously all over the body to unleash the healing properties of aloe vera. Calms sunburn while gently soothing and hydrating skin to minimize peeling.

50 Minutes – \$110 Add a Cooling Cucumber Facial: 80 Minutes – \$160

ELEMIS Musclese Aroma Spa Ocean Wrap – Detoxifying

Ease the pains of rheumatism, arthritis, muscle spasm and fatigue with a treatment that detoxifies and deep cleanses the body inside and out. A warm seaweed body mask with a blend of essential oils is applied to the body, followed by a cocooned comforting foil wrap. All while enjoying a deep Thai drainage facial massage and de-stress scalp treatment.

50 Minutes – \$100 Add a back massage: 75 Minutes – \$150

ELEMIS Cellutox Aroma Spa Ocean Wrap – Anti-cellulite

Decongest and stimulate the body's systems with a detoxifying blend of Juniper and Lemon essential oils. Exceptional for reducing the appearance of cellulite and eliminating fluid retention.

50 Minutes – \$100 Add a back massage: 75 Minutes – \$150

SPA PACKAGES

Island Dream Packages

30 Minute Exotic Salt Glow + 30 Minute Aloe & Cucumber Body Wrap + 60 Minute De-Stress Massage

2 Hours – \$200 Per Person

ELEMIS Absolute Spa Ritual

60 Minute De-Stress / Deep Tissue Massage + 60 Minute ELEMIS Facial

2 Hours – \$200 Per Person

Caribbean Escape

30 Minute Exotic Body Polish + 90 Minute Aromatherapy Massage with Head Massage

2 Hours – \$200 Per Person

YOGA

A physical, mental and spiritual practice to lead you to a sense of peace and wellbeing

60 Minutes

Private Session – \$60 Per Couple

Group Session – \$25 Per Person (Minimum three persons)





SPECIALTY

Full Moon Special – Please inquire about special spa treatments and packages
Spa services are available in your **Room, Villa** or **Yacht** – **\$30 surcharge per service**
Personalized tailor made fitness program available upon request.

HOW TO SPA

Hours of Operation: 9:30 am – 7:00 pm daily

Reservations: To schedule treatments you may call our spa directly from a hotel phone by dialing extension 4620, or 284.394.3440 outside of the hotel. We accept most major credit cards and recommend pre-booking your services, although we do welcome walk-ins and will do our best to accommodate you.

Cancellation Policy: A credit card is required for all appointments. To avoid being charged the full price for your scheduled treatments, a 24 hour notice is requested.

Service Charges: For your convenience, a 20% service charge will be automatically added to your final bill. Additional gratuity for exemplary service is at your discretion. Prices and services are subject to change without notice.

Minimum Age Requirement: Spa guests are required to be 18 years or older to receive treatments or utilize the spa facilities. Guests under 18 receiving a teen or children's treatment must be accompanied by a parent or guardian. Swimsuits are required. For further details, kindly contact the spa.

Please plan to arrive at least 15 minutes prior to your scheduled appointment so you can relax and enjoy the facilities. You are welcome to enjoy Ixora Spa's Infinity Plunge Pool, so please bring your bathing suit with you if you care to do so. Regretfully, if you are late for an appointment, we may need to shorten your treatment time to maintain our schedule for the next guest. To keep the serenity of the spa, we ask that you turn off your mobile phone and electronic devices upon arrival.

Valuables: For the safety of your valuable items; we suggest you leave all jewelry and money in the safe provided in your hotel room. Ixora Spa will not assume any liability for valuables.

